

**BEWARE**



**PIRATES in simpson bay shipwreck shops**

# The Daily Herald



**RUMS • SPICES • ART • HISTORY  
GUAVABERRY**

**MUSHARRAF IN TROUBLE P. 25**

**EU, US Powers Recognise Kosovo Page 21**



Order at: 544 6010

VOL 17 NO. 233

Tuesday, February 19, 2008

U.S. 50 CENTS / NAf. 1.-- / EC\$ 1.25



## Car tax collection off to slow start on French side

### Book Signing by Richard C. Scheinberg

What if someone told you that the most difficult period in your life may be a blessing in disguise? As a psychotherapist with 26 years of experience, Richard C. Scheinberg has candidly and succinctly summarized the spiritual and deeply per-

sonal transformation of ten people attempting to overcome the worst challenges of their lives.

In this inspirational book, Mr. Scheinberg also reveals how he survived the most difficult periods in his

own life. Furthermore, he conveys his personal conviction that our common strengths originate from a source more powerful than any challenge that may come our way.

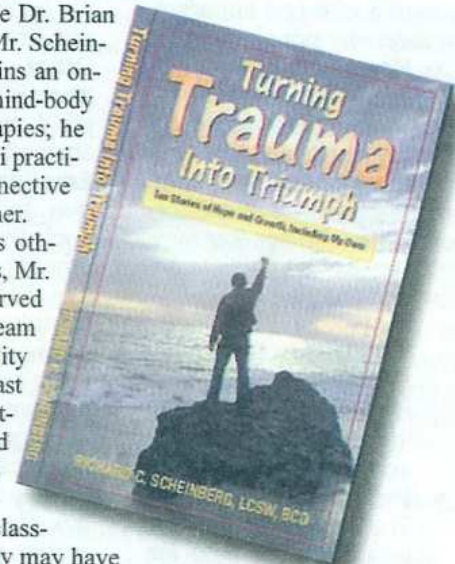
Richard C. Scheinberg received his Bachelor's degree in Psychology and Sociology in 1975 from the State University of New York at New Paltz. He then completed his Master's degree in Social Work in 1981 from Adelphi University

in Garden City, New York. He is currently a Licensed Clinical Social Worker in the State of New York and a Board Certified Diplomate in Clinical Social Work by the American Board of Examiners in Clinical Social Work.

Richard has participated in many hours of professional development to enhance and advance his clinical repertoire of skills, including Certification in Hypnosis for Past Life

Regression by the Dr. Brian Weiss Institute. Mr. Scheinberg also maintains an ongoing interest in mind-body and healing therapies; he is a certified Reiki practitioner and Reconnective healing practitioner.

In addition to his other responsibilities, Mr. Scheinberg has served on a clinical team in New York City Schools for the past 26 years, evaluating children and adolescents who are not functioning well in the classroom because they may have learning disabilities and/or emotional problems.



February 21 at 6:30pm. The book is titled "Turning Trauma Into Triumph: Ten Stories of Hope and Growth, Including My Own." It is a great, inspirational book and has received excellent reviews in the media.

Richard C. Scheinberg will be celebrating the publication of his first book by offering a free seminar and book signing at Top Carrot on Simpson Bay Road, on

## Diary of Allison Williams

### Post Valentine's Day!

Valentine's Day gave us the right to eat chocolates. That's one of the few times of the year that we are all allowed to eat the

plex carbs such as oatmeal. It is also advisable to add some protein such as low fat milk or protein powder and a dash of flaxseed for healthy fats

You can always go back at another time with your regular friends and indulge... I know it tastes much better with it on

somehow have this euphoric feeling which is a plus for you lovers out there. With this being said, please indulge in the abundance of